

Subject:	Update on Dementia Services		
Date of Meeting:	10 September 2014		
Report of:	Monitoring Officer		
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Ward(s) affected:	All		

FOR GENERAL RELEASE

1. SUMMARY AND POLICY CONTEXT:

- 1.1 The purpose of the report is to provide HWOSC with an update on further developments in dementia services in Brighton and Hove.

2. RECOMMENDATIONS:

- 2.1 That HWOSC members consider the information in the report, assessing progress in line with the National Dementia Strategy.

3. RELEVANT BACKGROUND INFORMATION/CHRONOLOGY OF KEY EVENTS:

- 3.1 HWOSC members last heard a report about local work in dementia services in May 2013. This report updates them on work that has happened since then.

- 3.2 Brighton and Hove developed a Joint Dementia Plan since 2012 that set out the Brighton and Hove strategic vision for improving care and support to people with dementia and their carers.

The central aim of the plan was to increase awareness of the condition, ensuring early diagnosis and intervention as well as improving the quality of care for people with dementia and their carers. The CCG's strategic approach to dementia is to treat dementia as a 'long-term condition', aligning many dementia services with physical health services so a holistic approach is taken to the care of people with dementia.

- 3.3 Key updates since the last report include.

- 3.4 **A New Memory Assessment Service** was started in June 2013, to increase the number of people in the city diagnosed with dementia and is now fully operational. This service is delivered from three local GP surgeries as well as in patients' homes. Patients can be referred to this service by their GP and the service does accept self-referrals. Patients are offered advice and support, for up to a year after diagnosis by Dementia Advisers.

3.5 Improved support to people with dementia admitted to general hospitals

- A dementia champion post based at the Royal Sussex County Hospital is driving forward improved services for people with dementia across the hospital. In addition this year, a specialist Dementia nurse role to support the champion has been funded.
- 90% of people who are over the age of 75, and are in hospital for 72 hours or more have received a memory screen, to identify if they have symptoms of memory loss and refer on to the Memory Assessment Service
- The hospital has adopted the Butterfly scheme which provides a framework for rolling out education and an approach to caring for patients with dementia across the whole trust. It allows people whose memory is permanently affected by dementia to make this clear to hospital staff and provides staff with a simple, practical strategy for meeting their needs.
- The Emerald Unit on the Royal Sussex County site opened in May 2014, with the aim of providing specialised nursing, therapies and mental health care for people with a dementia. The Dementia Champion and nurse specialist are based within this unit. It is envisaged that through the Emerald Unit, BSUH will establish a 'hub' for dementia care, to ensure that patients and staff can access appropriate advice, care and expertise.

3.6 Crisis Support Dementia Crisis & Short Term Support

Additional resource has continued to be put into the Community Rapid Response Service (CRRS), to enable more people with dementia to be supported at home and avoid unnecessary admissions to hospital. This service has also employed a mental health liaison nurse

3.7 Living Well with Dementia Team

The Living Well with Dementia Service was put in place in summer 2013. This is the integrated secondary mental health service for people with complex and challenging needs relating to their dementia, other diagnoses, health and social care needs. This is a multi-disciplinary team consisting of psychiatry, neuropsychology, occupational therapy, nursing, social work, dietician, physiotherapy and Speech and Language Therapy. The service is provided 7 days a week for 365 days a year from 9am to 7pm. Most patients have complex dementia, challenging behaviour and treatment and care co-ordination issues.

3.8 Care Homes

- The Care home in-reach service provides support to care homes to improve their ability to care for and support their residents who have dementia. This service was reviewed in 2013; the service is now permanently funded with a change in staff mix to provide additional occupational therapy.
- Two new large care homes Maycroft Manor and Dean Wood have recently opened in the city and a third is currently being developed. These care homes all have capacity to admit patients with memory loss and dementia. However, because of the comparatively high level of fees at these new providers,

places in these new care homes tend to be available to people who are able to fund their own care.

3.9 Dementia Cafes” and “Singing for the Brain”

Objective 5 of the National Dementia Strategy is to develop structured peer support and learning networks. This is evidence based and supported by statements received from people with dementia and their carers, that they draw significant benefit from being able to talk to other people living with dementia and their carers, to exchange practical advice and emotional support.

Dementia cafes provide space for open discussion of the diagnosis of dementia and its consequences in an informal, social environment in the presence of and supported by peers (people with dementia, their carers and families). The cafés in Brighton & Hove are generally directed at people in the earlier stages of dementia, although it is acknowledged that cafés have developed according to local need and some cafés include people at different stages of dementia where appropriate

Singing for the Brain sessions follow an accepted structure, designed around the principles of music therapy and singing. The service is designed to help families with dementia to feel part of society where they have a right to artistic and social stimulation.

3.10 Dementia Friendly Environment Bid

A £1 million capital funding application to support improving the environment of care for people with dementia was awarded in June 2013. This was a partnership bid which aimed to adapt the environment in a number of settings that people with dementia access. The bid supported local aspirations for every care experience of people with dementia to be within a built environment which supports orientation, calming, stimulation, safety, continence, independence and dignity.

3.11 Dementia Friends

In May 2014 The Alzheimer’s Society launched a new campaign called Dementia Friends. Dementia Friends gives people an understanding of dementia and the small things they can do that can make a difference to people living with dementia – from helping someone find the right bus to spreading the word about dementia. The Alzheimer’s society wants to create a network of a million Dementia Friends across England by 2015. At the Health & Wellbeing Board June 2014 the Chief Executive informed members that she had signed up to be a Dementia friend and suggested that the Health and Wellbeing Board should sign up to be Dementia Friends as well. This was agreed by the Board.

3.11 Dementia Challenge Fund

The Trust for Developing Communities have developed a toolkit to support voluntary and community groups in making the city more dementia friendly, which will be launched in September 2014.

3.12 More detail on some of the initiatives above can be found in Appendix 1.

4. COMMUNITY ENGAGEMENT AND CONSULTATION

4.1 None to this cover report.

5. FINANCIAL & OTHER IMPLICATIONS:

Financial Implications:

5.1 None to this cover report.

Legal Implications:

5.2 None to this cover report.

Equalities Implications:

5.3 None to this cover report.

Sustainability Implications:

5.4 None to this cover report.

Crime & Disorder Implications:

5.5 None to this cover report.

Risk and Opportunity Management Implications:

5.6 None to this cover report.

Public Health Implications:

5.7 Dementia is a key health issue for the city and has been identified as one of Health and Wellbeing Board's highest priorities.

Corporate / Citywide Implications:

5.8 None to this cover report.

6. EVALUATION OF ANY ALTERNATIVE OPTION(S):

6.1 None to this cover report.

SUPPORTING DOCUMENTATION

Appendices:

1. Update from the CCG